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Cara Reese has been dancing for over 25 years, with extensive training in ballet, modern, jazz, and heels, along with experience in hip hop. She began her majorette journey as a member of the Krush Groove Dance Team at Lincoln University, performing as part of the OC Band auxiliary. Since then, she has continued to perform throughout Delaware and Philadelphia in a wide range of dance styles.

This is Cara's second year teaching at the studio, where she is excited to share her love of majorette with her students. Her teaching style is fun and energetic, while emphasizing the importance of strong technique and foundational skills. She believes that when dancers are grounded in their training, they are able to express themselves more confidently and powerfully.

For Cara, teaching extends beyond choreography; it is about giving back to the community and inspiring the next generation of dancers. She is committed to stepping into spaces where she can share her knowledge, wisdom, and passion for the art form, while also continuing to grow as an artist herself. In her classes, students can expect a supportive, motivating environment where hard work, creativity, and joy come together.