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Kiah is also a gymnastics coach at First State Gymnastics, bringing eight years of personal gymnastics experience and two years of coaching expertise. With extensive training and a background in working with children of all ages and skill levels, Kiah fosters a supportive, skill-focused environment that encourages growth, confidence, and teamwork.

Specializing in acro, Kiah has a strong ability to spot skills with precision, ensuring both safety and proper technique in every routine. Outside of coaching, she pursues track as a personal hobby, valuing the discipline, focus, and challenge it provides.

As a coach, Kiah is passionate about cultivating a love for gymnastics while instilling valuable life lessons such as perseverance, teamwork, and goal-setting. Her ultimate goal is to create a positive, productive, and fun experience for every gymnast and dancer she works with.